

JANUARY NEWSLETTER

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Welcome to 2026!

Happy New Year, TRIO/SSS Lobos! We hope you enjoyed a fantastic break and are prepared to tackle this new semester with fresh goals.

We're Here to Help

TRIO Student Support Services is back in action, available Monday through Friday from 8:00 AM to 5:00 PM to assist you with anything you may need before the upcoming semester.

Reminder

The Spring 2026 semester kicks off on January 20th. If you require help with scholarships or submitting necessary documents for them, don't hesitate to reach out—we're here for you!

Important Dates:

- 01/16 - New Student Orientation
- 01/19 - MLK Jr. Day (UNM-Gallup Campus Closed)
- 01/20 - Spring 26' Semester Starts
- 01/26 & 01/28 - Welcome Back Days
- 01/28 - Spring Connections Fair (Gurley Hall)



WELCOME BACK TRIO/SSS LOBOS!

TRIO/SSS Program Director Kimimila Simms

Dear TRIO/SSS Students,

Welcome back, and happy Spring 2026! I hope you had a restful break and are feeling refreshed and ready for the semester ahead. A new term brings new opportunities, new goals, and new chances to grow, and the TRIO/Student Support Services team is excited to continue supporting you on your academic journey.

As a TRIO/SSS participant, you are part of a federally funded program designed to help you persist, succeed, and reach your educational and career goals. We encourage you to take full advantage of what TRIO has to offer by coming into the center regularly, meeting with your advisor, participating in tutoring or mentoring as needed, and engaging in our workshops and events throughout the semester. These activities are not only valuable for your success, they are also an important part of fulfilling your responsibilities as a TRIO student.

This spring, we have a variety of workshops, events, and activities planned to support your academic skills, personal development, transfer preparation, and overall well-being.



We hope you will join us, ask questions, build community, and make the most of these opportunities.

Remember, TRIO is here for you, but your success is a partnership. When you stay engaged and meet program expectations, you help us continue advocating for you and providing the support you deserve. We are looking forward to seeing you in the TRIO/SSS center and working with you throughout the Spring 2026 semester. Let's make it a strong one together.

Wishing you a successful and rewarding semester,

-Kim and TRIO/SSS Team <3



JANUARY EVENTS



Launching Spring 2026!

TRIO

STUDENT SUPPORT SERVICES

Welcome Back Days

January 26 - 28 • 10:00 am - 2:00 pm

TRIO/SSS GH-1137

JOIN US FOR A FUN GATHERING!
COME AND GRAB YOUR 2026 TRIO/SSS
PLANNER WHILE ENJOYING SOME TASTY
SNACKS AT OUR TABLE!

Join us as we kick off the new Spring 2026 semester! We want you to be prepared and focused for the exciting months ahead. Enjoy a few days filled with delightful treats, and we look forward to seeing you at TRIO. Remember, we are here to support you, so please don't hesitate to stop by if you need assistance!



TRIO
STUDENT SUPPORT SERVICES

NM GALLUP

YOU'RE CEREAL-OUSLY AWESOME!

Monday January 26th
10:00am-2:00pm

Stop by to pick up your planner and enjoy a bowl of cereal to start your week off right!

TRIO
STUDENT SUPPORT SERVICES

NM GALLUP

Join TRIO/SSS peer mentors for a guided vision board activity focused on goals, motivation, and planning for your future

Vision Board Workshop

Tuesday, January 27th
10:00 am - 2:00 pm | GH-1137

Let's kick off 2026 by creating our Vision Boards

- Guided goal setting with TRIO/SSS staff and peer mentors
- Reflection on academic, career, and personal aspirations
- Supportive conversation around motivation, barriers, and next steps
- A visual plan to support persistence and success

TRIO
STUDENT SUPPORT SERVICES

GRAB & GO GRAB & GO GRAB & GO BREAKFAST

WEDNESDAY, JANUARY 28TH
BEGINNING AT 10:00 AM

TRIO/SSS | GH-1137

- Swing by before class to savor a "Grab & Go Breakfast."
- Share information about your class with us.
- Connect with your tutor or mentor for guidance.
- Let us know if you need any assistance.

NM GALLUP



JANUARY EVENTS



NM GALLUP **TRIO**
STUDENT SUPPORT SERVICES

WORKSHOP ANNOUNCEMENT

LOBOWEB NAVIGATION

Learn How to Navigate LoboWeb:

- Financial Aid Tab
- Canvas
- Email
- Order Transcripts
- Download Canvas
- Print Schedule
- Access LoboAchieve
- Access LoboTrax
- Download Office 365

**2:00 pm Tuesday, January 27 &
9:00 am Wednesday, January 28
in TRIO/SSS Computer Lab GH 1144**

Come explore the resources we have on campus to make this semester a success.

THE UNIVERSITY OF NEW MEXICO-GALLUP

**Spring 2026
Connections Fair**



Don't miss the UNM-Gallup Connections Fair!

Explore student organizations, clubs, and resources to help you get involved and achieve success on campus.

It's the perfect opportunity to meet new people and discover opportunities that match your interests.

**10 a.m.-3 p.m.
Wednesday
Jan. 28, 2026
Gurley Hall**

INFORMATION
Shawn Frank, 505-863-7531
shawn28@unm.edu

PRESENTED BY
Student Affairs & Student Activities
www.gallup.unm.edu/studentlife

NM GALLUP

TRIO **NM GALLUP**
STUDENT SUPPORT SERVICES

LOVEBUG PAINTING WORKSHOP

A Mentoring & Community Building Activity



FEBRUARY 11
10AM-2PM TRIO/SSS GH 1137

JOIN TRIO/SSS PEER MENTORS FOR A CREATIVE ACTIVITY FOCUSED ON ENCOURAGEMENT, GOAL SETTING, AND BUILDING SUPPORTIVE CONNECTIONS

- Guided conversation with TRIO/SSS staff & peer mentors
- Reflection on goals, motivation, and persistence
- Creative expression as a tool for stress relief and self-encouragement

We will see you there!





SCHOLARSHIPS



Native Forward Scholars Fund 2026-2027

Check out the website about requirements needed to apply for this scholarship. A few requirements include completing the FASFA, be enrolled full-time in a U.S. accredited institution, academic transcript and providing proof of tribal affiliation.

Deadline: JUNE 1, 2026 at 11:59 PM MST

Native Forward Student Relief Funding Spring 2025-2026

Native Forward Scholars Fund established the Student Relief Funding to assist Native students who are facing financial hardships and challenges by providing them with a one-time relief award. The fund will be utilized to help support students in emergency situations that includes, but is not limited to: Emergency Housing, Food Insecurity, Clothing or Personal Hygiene, Emergency Medical Costs, Emergency Childcare, Emergency Travel or Transportation, and Educational or Technology-Related Resources.

Deadline: FEBRUARY 27, 2026 at 11:59 PM MST



American Indian College Fund

The American Indian College Fund provides scholarships to American Indian and Alaska Native college students who are enrolled in certificate, undergraduate, or graduate programs at tribal colleges and universities, or nonprofit, accredited schools.

Deadline: JANUARY 26, 2026



Cobell Scholarship

Check out the website about requirements needed to apply for this scholarship. Some requirements include multiple essay responses, digital photo and proof of financial need.

Deadline: MARCH 31, 2026



Beauty & Wellness Professionals Scholarship

The BeautySchoolsDirectory.com team is proud to offer a \$2,500 scholarship for students and professionals changing others' lives through wellness and beauty. If you're ready to begin a fulfilling and rewarding career in the beauty and wellness industry, or if you are continuing your education to pursue your next career goal, submit the application form, including the link to your submission video, below for the chance to win a \$2,500 scholarship toward your tuition and education expenses.

Deadline: MARCH 2, 2026

UNM-Gallup Scholarships

Access more scholarships suggested by UNM-Gallup by following the link provided. Make sure to keep an eye on the deadlines to stay updated on those that are not yet accepting applications.

NEW SEMESTER REQUIRES PREPARATION

Navigating college can be challenging, but TRIO Student Support Services is here to help you!



1. Define Your Goals:

Understanding what success means to you is essential. Take time to reflect on your personal values and what you aim to accomplish through your education. This might involve earning a degree, acquiring specific skills, or preparing for a career.

Setting SMART goals—Specific, Measurable, Achievable, Relevant, and Time-Bound—can help you establish a clear roadmap for your college experience.

2. Time Management:

Effective time management is essential for balancing coursework, studying, and personal commitments. Create a schedule that includes all your responsibilities and deadlines. Break larger tasks into smaller, manageable steps to avoid feeling overwhelmed. Utilize tools like calendars or apps to keep track of assignments and important dates.



3. Actively Participate in Class:

Being present in class and engaging actively can greatly enrich your learning journey. Interact with your professors and fellow students, pose questions, and contribute to discussions. This approach not only aids in a deeper understanding of the material but also fosters relationships that can prove valuable for networking and support.



4. Utilize Resources:

Take advantage of the resources available to you, such as academic advising, tutoring centers, and library services. These resources can provide additional support and guidance, helping you navigate challenges more effectively.

Examples: TRIO Student Support Services, Center for Academic Learning, Student Resource Center, and Native American Student Success Center



5. Foster a Healthy Balance:

Prioritize academics while also nurturing your social life and well-being. Engage in extracurricular activities, spend time with friends, and ensure adequate rest and exercise for a well-rounded college experience essential for success.



6. Stay Organized:

Using folders, binders, or digital tools for your study materials and schedule. Regularly review your progress and adjust strategies as needed to stay on top of your coursework.



JANUARY BIRTHDAYS

Happy Birthday

**Voneisha
Cecil**

**Bray
Holyan**

**Kitana
Epaloose**

**Danielle
LaPaz**

**Sharita
Booth**

**Emery
Laughing**

**Zoey
Natonabah**

**Hominy
Hosteen**

**Jaimie
Bahe**

**Saivoughn
Eddie**



SCHOLAR OF THE MONTH

How does it feel to be Scholar of the Month?

"Very surprising! I definitely feel like my hard work is being noticed. I am very proud of my dedication towards my academics."

Do you have any study habits you would recommend to other students?

"I like to keep myself organized so using a planner to manage deadlines to focus on staying consistent of study times. Review materials, ask questions, color code (highlight) what you understand."

Acknowledge your hard work after completing study goals."



What is your favorite thing about TRIO/SSS?

"They believe in my potential. Always inspiring a desire to help others and provide boost of encouragement to guide you towards your goal. The services they provide are amazing! My favorite part is they always have snacks!"



Zoey Natonabah
AAS General Studies

Where do you plan to transfer after graduation?

"I'd like to finish as much as I am able at UNM-Gallup and continue my education at Arizona State University."



Is there someone you are particularly thankful for or would like to acknowledge?

"Yes! My grandma, she literally waits for me until I'm finished with class. We have countless pep talks, she always encouraging my dreams and I'm so grateful for her endless love and support throughout this journey!"

What are 5 fun facts about you?

- I love traveling
- I like to go on long nature walks, hikes and runs
- I like to experience new things
- I want to go skydiving
- I love playing volleyball and basketball

