

## WHAT IS UPWARD BOUND?

Upward Bound is a federally-funded program through the U.S. Department of Education designed to support and motivate high school students in their personal pursuits to graduate from high school while preparing for college.

Our program provides academic & individual support services for low-income and/or potential first-generation to college students.



## WHAT ARE THE COSTS?

Upward Bound is a **FREE** college-access program that provides **FREE** activities, **FREE** services and **FREE** resources to qualified students who are accepted into the Upward Bound program.

## ELIGIBILITY REQUIREMENTS

- 9th -11th grader enrolled at Miyamura High School, Gallup High School or Tohatchi High School
- First Generation to College: neither parent/legal guardian has received a 4-year bachelor's degree.
- Demonstrates High Financial Need; Low-income
- U.S Citizen or a Permanent Resident
- Demonstrates need for academic support services
- Committed to enrolling in a 2-4 year college or university after graduating from high school

## PROGRAM SERVICES

- FREE Academic Tutoring & Coaching
- FREE Cultural Enrichment Activities & Trips
- FREE College Visits & Tours
- College Admissions Advisement
- Financial Aid/FAFSA Workshops
- Scholarship Search Assistance
- Career Exploration/Internship Opportunity
- Professional Development Opportunities
- Resume, Interviews, Internships Workshops
- Test Prep Workshops & Fee Waivers for ACT/SAT
- Study/Test - Taking Skill Workshops
- Financial Literacy Curriculum & Workshops
- Parent Workshops & Resources
- Service Learning Project & Volunteering
- Team Building & Experiential Learning
- Leadership and Character Development
- Exciting 6 - Week Summer Enrichment Program
- Scholar Dollar Scholarship (Academic Year & Summer)



## SUCCESS IN UPWARD BOUND

An ideal Upward Bound student strives to:

- Commit to the college preparation process
- Maintain consistent school & program attendance
- Engage in tutoring, mentoring & advisement sessions
- Attend all monthly Saturday Seminars
- Participate in 6-week Summer Enrichment Program
- Demonstrate personal integrity & a strong work ethic
- Learn about new concepts, meet new students, & experience new opportunities



## HOW DO I APPLY?

Visit [gallup.unm.edu/trio-ub/](http://gallup.unm.edu/trio-ub/) to access the electronic application on the "How to Apply" section. The student & parent/guardian will need to complete all sections of the application. Applications cannot be saved and returned to so please plan accordingly.

A paper application may be requested by emailing the Upward Bound program at [upwardboundgallup@unm.edu](mailto:upwardboundgallup@unm.edu). Paper applications may be retrieved at the Upward Bound office located in Gurley Hall room GH1101 at the UNM Gallup campus.

A completed paper application packet may be submitted:

- 1) Dropped off at the Upward Bound office - room GH1101
- 2) Scanned and sent to the Upward Bound email
- 3) Mailed to the Upward Bound mailing address

Applications will be reviewed and admission decision will be determined within 2 weeks of submission. The student along with parent/guardian will be contacted for an intake interview within this time frame at which a final admission decision will be made. Students will be notified via email and mail.

## TRIO WORKS: OUR PURPOSE

Upward Bound was the first federal TRIO program funded through the U.S Department of Education in 1964.

A total of 8 TRIO programs provide outreach and student support services to college and pre-college individuals from economically disadvantaged backgrounds. TRIO programs specifically serve and assist low-income individuals, first-generation to college students, and/or individuals with documented disabilities to progress through the academic pipeline from middle school to post baccalaureate programs.

There are thousands of TRIO Upward Bound programs operating throughout the United States. all serving low-income and first-generation to college high school students with the primary goal of increasing the high school graduation rate, the college/university admission and attendance rate, and ultimately increasing the percentage and rate of program participants graduating with a college degree.

## PROGRAM OBJECTIVES

### Objective #1

Improve Academic Performance & Grade Point Averages

### Objective #2

Increase Academic Improvement on Standardized Test Scores

### Objective #3

Increase Secondary School Retention & Graduation

### Objective #4

Increase Secondary School Graduation

### Objective #5

Increase Postsecondary Enrollment

### Objective #6

Increase Postsecondary Completion

## Contact Us! .....

### Mailing Address/Phone/Email:

TRIO Upward Bound Program  
705 Gurley Ave  
Gallup, NM 87301

505.862.9080

[upwardboundgallup@unm.edu](mailto:upwardboundgallup@unm.edu)

## Visit Us! .....

### Physical Location:

The University of New Mexico - Gallup  
Gurley Hall Building - Room GH1101  
*\*directly across from UNM-G IT Office*

### Website:

[gallup.unm.edu/trio-ub/](http://gallup.unm.edu/trio-ub/)

## Follow Us! .....



@UNMGUpwardBound



@UNMGUB



@UNMGUB



Future planning for college-bound high school students



## JOIN THE PACK!



The TRIO Upward Bound program is 100% funded by the U.S. Department of Education, under the Higher Education Act of 1965 as amended in the amount of \$297,601.00 per year for five years.