

TRIO
UPWARD BOUND

December Newsletter



Happy Holidays from TRIO Upward Bound at UNM Gallup!
We wish everyone a safe, warm and happy holiday season!

NM GALLUP

TRIO UPWARD BOUND

Saturday Seminar

Join us for the last Saturday Seminar of 2022!

DECEMBER 3, 2022

9AM - 3PM

UNM GALLUP - CALVIN HALL AUDITORIUM

If you wish to participate in the Holiday Gift Swap Game bring a wrapped gift under \$15, a gently-used re-gifted item or a thoughtful DIY gift. This is an optional activity for all attendees. Please stay home if you are sick & notify your advisor.

Please arrive on time!!!

Questions?
Contact Upward Bound at
upwardboundgallup@unm.edu or 505.862.9080

NM GALLUP

We will explore **The Common Application** and it's role in applying to colleges. What does it entail? Should you do it?

Dartmouth College will be this month's College Highlight! Learn what Dartmouth has to offer! Check out **Facts About Dartmouth** in this newsletter!

Lunch will be provided, and enjoy our **hot chocolate bar!** More fun to come! See you on Saturday, arrive on time!



YOU'RE INVITED!

8th Annual Holiday in New Mexico

5-8 p.m. Thursday, Dec. 1, 2022
Gurley Hall

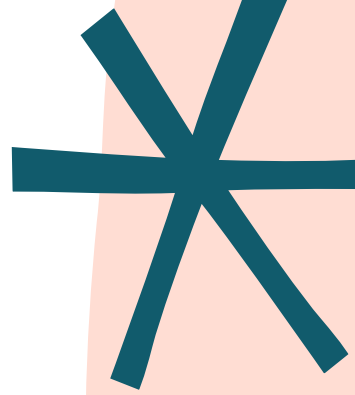
Free and open to the public



Luminarias
Santa Claus
Food
Hot chocolate
Live music
Games and activities
Family fun
Photo booth
Student Art Exhibition

Entertainment:

5:30 p.m. Santa Claus arrives
6:00 p.m. Music by Jim Sayer Band
7:15 p.m. Music by John Paul VanDerdys Vidal
Bookstore will be open until 5:45 p.m.



Holiday in New Mexico

The University of New Mexico-Gallup will host its eighth annual **Holiday in New Mexico at 5-8 p.m. on Thursday, December 1st in Gurley Hall.**

The event will coincide with the closing reception for the Student Art Exhibition. The campus will be festively decorated with a giant tree and wreaths as well as lit up with lights and luminarias.

There will be **free posole, biscochitos and hot chocolate, plus activities and games** from various clubs, departments and community groups. There will also be live music by the Jim Sayer Band and John Paul VanDerdys Vidal, plus a visit from Santa Claus.

Come out with the family and enjoy the holiday festivities!

Volunteer with Upward Bound!

TRIO Upward Bound will be sponsoring a game booth during the Holiday in New Mexico night for all children participants. Volunteers will help with game set up, explain game play and provide prizes!

If you would like to volunteer and help with the game booth, contact Brittany at brt27@unm.edu or 505.863.7696 to sign up for a time slot.





Congratulations, Julia!

We are proud to share that Upward Bound senior, Julia Simms, has been accepted into New Mexico State University (NMSU) in Las Cruces! Home of the Aggies!

Julia has been hard at work applying to many colleges this fall semester. We are excited to see which school you will commit to, Julia. Way to work!

December Advisement

All students will need to schedule their December advisement meetings no later than Monday, December 5th. Contact Shinae at shreideunm.edu to schedule.

Meetings may be in-person or Zoom.

UB Office Holiday Schedule

The TRIO Upward Bound office will be closed beginning Friday, December 23rd until Tuesday, January 3rd in observance of the UNM Winter Break.

Facts About Dartmouth

- Located in Hanover, New Hampshire
- Private Ivy League School
- Founded in 1769 making it 253 years old!
- 95% Graduation Rate
- Dr. Seuss & Mr. Rogers from Mr. Roger's Neighborhood are notable alumni
- There is no official mascot, but the college is often referred to as the Big Green.
- The Polar Bear Swim is an annual tradition where students plunge into the icy Occom Pond.
- A midnight snowball fight is annual tradition that happens on the Green during the first snowfall of the winter term.

For more information about Dartmouth College visit their website at home.dartmouth.edu.



A New Mexican Holiday Favorite:

Biscochitos



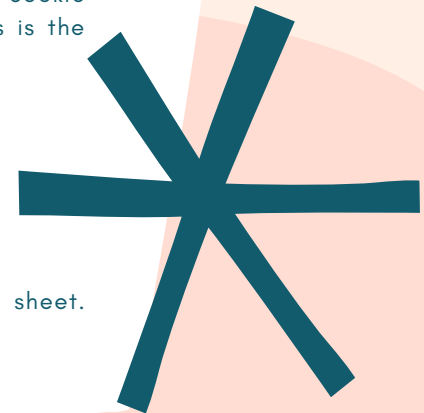
Ingredients:

- 3 cups all-purpose flour
- 1/2 cup + 1 tbsp sugar
- 1/2 pound lard, softened
- 1 to 1.5 tsp ground anise seed
- 1 large egg
- 1.5 tsp baking powder
- 1/2 tsp salt
- 2 tbsp apple, pineapple or orange juice
- 1/4 cup sugar + 3/4 tsp ground cinnamon for topping.

Directions:

Servings: 4 dozen cookies

1. Sift together the flour, baking powder, anise, and salt. Set aside.
2. Beat the lard in an electric mixer, gradually adding sugar. Beat until extremely fluffy & light for about 8 minutes. Don't shortcut this step. Stop mixer every couple of minutes and scrape sides of mixing bowl.
3. Add egg, followed by juice and continue beating.
4. Mix in dry ingredients, adding about 1/3 of the mixture at a time. Stop the mixture as you make each addition, and beat no longer than necessary to incorporate the dry ingredients. A stiff pie-crust type of dough is what you're seeking.
5. Chill the dough in the refrigerator for about 15 minutes for easy handling.
6. Preheat oven to 350 degrees.
7. Roll out the dough 1/4-inch thick on floured table/surface and use desired cookie cutters. Avoid handling the dough anymore than necessary, one of the keys is the melt-in-your-mouth texture.
8. Transfer the cookies to ungreased cookie sheets.
9. Bake cookies for 10-12 minutes, until pale golden.
10. While cookies bake, stir together cinnamon sugar topping.
11. When cookies are done, cool for just a minute or two on baking sheet. Gently dunk the top of each cookie in cinnamon-sugar topping.
12. Transfer to absorbent paper to finish cooling.



15 Gift ideas Under \$15!

1. Board Game or Card Game like Uno!
2. Sketch book with colored pencils
3. Succulent plant
4. Large jar of pickles
5. Easy recipe cookbook
6. Funny house slippers
7. Universal phone charger
8. Yum Basket with a variety of snacks
9. Bluetooth Shower Speaker
10. Fun travel pillow/blanket
11. Water bottle
12. Magic 8 Ball
13. Friendship bracelet kit
14. Yoga Mat
15. Temporary Hair Color Gel

Shopping Tip!

Check out the new store at Rio West Mall - 5 Below for affordable, fun gifts! Consider making a Do-It-Yourself gift or regifting an item you don't use/need.

'Tis the
Season of Giving

CHRISTMAS Angel Tree

Here's an opportunity to make the holidays special! Bring joy to our local elderly residents of Genesis! Please participate in helping our TRIO/SSS Student Club provide Christmas gifts to the residents at the Genesis Healthcare Center!

Starts November 8th Ends
December 16th



You can select and "angel" from the tree who needs a Christmas joy. Purchase a gift for them and we'll wrap and deliver the gift just in time for Christmas. If you prefer to make a donation, we'll do the shopping for you!

TRIO
STUDENT SUPPORT SERVICES

NM GALLUP